

# RESUME



## Jagjiwan singh

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### CAREER OBJECTIVE

Achieve better than the best result. To contribute to a highly professional skill oriented environment, ready to present challenging responsibilities can adopt to any platform easily.

### ACADEMIC QUALIFICATION

<u>CLASS</u>	<u>Uni/Board</u>	<u>Passing year</u>
<u>M.P Ed</u>	<u>Punjabi university</u>	<u>2013</u>
<u>B.P Ed</u>	<u>Punjabi university</u>	<u>2011</u>
<u>M.A Human Consciousness &amp; Yogic science</u>	<u>Gurukul Kangri Vishwavidyalaya Hardwar</u>	<u>2010</u>
<u>P.G diploma in Human consciousness &amp; Yogic science</u>	<u>Punjabi university Patiala</u>	<u>2008</u>
<u>NET</u>		<u>2013</u>
<u>P.H.D</u>	<u>Punjabi university Patiala</u>	<u>2016</u>

### Job experience:

1. May 14, 2013 to September 9, 2014 as a yoga instructor in A.C.P.E Mastuana sahib.
2. September 10, 2014 to August 30, 2015 as an assistant professor physical

Education & Yoga in A.C.P.E Mastuana sahib.

3. March 3, 2016 to December 6, 2016 as a yoga instructor in Yoga center  
Department of Physical Education Punjabi university Patiala campus.

### **BOOK Publications**

1. Yoga Objective type questions (UGC/NET) ISBN 978-81-935966-2-3

### **Conferences**

1.	International conference	4
2.	National Conference	4
3.	Workshop	2

### **Professional Duties:**

1. Acted as a judge in inter-college yoga championship, summer-hill University, Shimla, Himachal Pradesh.
2. Acted as Co-coordinator in international yoga day workshop organized by Punjabi University, Patiala.

### **Sports & Other Achievements**

Sr. no	Competitions	Position
1.	Inter College competition Punjabi uni. Patiala	2 <sup>nd</sup> position
2.	All India Inter university competition	Participated
3.	NCC	'c' certificate in 'A' Grade
4.	NSS	2 camp

### **Guest Lectures/invited talk: 04**

1. 29<sup>th</sup> orientation program organized by UGC human resource development centre, Punjabi university, Patiala
2. 3<sup>rd</sup> summer school course organized by UGC human resource development centre, Punjabi university, Patiala
3. 55<sup>th</sup> refresher course in professional courses organized by UGC human resource development centre, Punjabi university, Patiala
4. 30<sup>th</sup> orientation program organized by UGC human resource development Centre , Punjabi university, Patiala.

## **LANGUAGE KNOWN**

Hindi & English & Punjabi

## **PERSONAL PROFILE**

Date of Birth : 8/2/1986  
Father's Name : Sh. Mohan Lal  
Mother's Name : Shanti Devi  
Nationality : Indian  
Religion : Hindu  
Personal Strength : Hardworking

## **DECLARATION**

I hereby declare that the information given above is true to the best of my knowledge and brief.

Date :

Place : Patiala

**( Jagjiwan Singh)**